



## Race & Racism Resources

Asking for help is a sign of strength. Help is available.

**If you are experiencing a medical emergency, please CALL 911  
or go directly to your nearest emergency room.**

### **158 Resources to Understand Racism in America:**

<https://www.smithsonianmag.com/history/158-resources-understanding-systemic-racism-america-180975029/>

This article from the Smithsonian Magazine addresses historical context, systemic inequality, anti-black violence, protest, intersectionality, and allyship and education.

### **Anti-Defamation League (ADL):** <https://www.adl.org/education-and-resources>

Offers resources and articles to fight hate. Topics include race, religion, gender, sexuality, cyberbullying, and much more. Specific resources on race and racial justice can be found [HERE](#).

### **Brene Brown:** <https://brenebrown.com/antiracism-resources/>

Anti-racism book recommendations gathered by research professor and author who studies courage, shame, empathy, and vulnerability.

### **Collaborative for Academic, Social, and Emotional Learning (CASEL):**

<https://drc.casel.org/sel-as-a-lever-for-equity/equity-resources/>

Resources specific to social and emotional learning (SEL) and equity. Includes links to blogs, worksheets, webinars, and other organizations dedicated to SEL and equity.

### **Christine Saxman Resource Guide for White Teachers & Parents:** [PDF](#)

Diversity, equity, and inclusion practitioners affiliated with National SEED Project. Offers numerous links, articles, books, and other online resources specific “for white teachers and parents developing racial consciousness and moving into action.” Also for “people of color working or in relationship with them.”

### **City of Philadelphia Resources for Diversity and Inclusion Training:**

<https://www.phila.gov/2018-05-03-resources-for-diversity-and-inclusion-training/>

List of local diversity, equity, and inclusion practitioners and consultants who have provided programming for the City of Philadelphia and their partner organizations.

**Conference for Women:** <https://www.conferencesforwomen.org/confronting-racial-injustice/>

Provides trainings, audios, videos, articles, books, and other resources specific to confronting racial injustice.

**Detailed List of Anti-Racism Resources:**

<https://medium.com/wake-up-call/a-detailed-list-of-anti-racism-resources-a34b259a3eea>

This article from the Medium offers links to articles, books, podcasts, films, and speakers for adults and youth.

**Edutopia:** <https://www.edutopia.org/>

Shares educational best practices through articles and resources for topics related to transforming K-12 education.

Articles specific to anti-racism and anti-bias practices include: [A Guide to Equity and Antiracism for Educators](#); [Biased Discipline at My School](#); [Teaching Black History in Culturally Responsive Ways](#); [Bias Starts as Early as Preschool, but Can Be Unlearned](#); [Reflections on Becoming More Culturally Responsive](#); [A Look at Implicit Bias and Microaggressions](#).

**Juneteenth:**

Article on [“What it means, why it matters, and how to celebrate.”](#) Another article on [“4 Meaningful Ways to Celebrate Juneteenth with Your Kids.”](#)

**National SEED (Seeking Educational Equity & Diversity) Project:**

<https://nationalseedproject.org/>

A peer led professional development that helps community members cultivate conversational communities to dismantle the systems of oppression, dominance, and privilege. Website includes a blog with articles on anti-racism.

**NPR Student Podcast Challenge:**

<https://www.npr.org/series/662609200/npr-student-podcast-challenge>

Special series by students sharing their experiences of racial injustice. Includes podcasts by middle school students on their experiences of racism specific to COVID 19 and high school students on their experiences of how climate change is racial injustice.

**Project Implicit:** <https://implicit.harvard.edu/implicit/takeatest.html>

Offers the Implicit Association Test, which helps individuals to explore hidden biases. Topics include race, gender, disability, and many more. Also consider the book, *Blindspot*, by two of the scientists who founded Project Implicit, Mahzarin Banaji and Anthony Greenwald.

**Race Institute for K-12 Educators:** <http://www.raceinstitute.org/>

Offers trainings to explore and further develop positive racial identities. Also shares [Anti-Racism Resources for Teachers](#).

**Rosetta Lee at the Seattle Girls’ School:**

<https://sites.google.com/a/sgs-wa.org/sgsprofessionaloutreach/home>

Offers training information and resources for framing diversity, equity, and inclusion conversations. Topics include affinity groups, unconscious bias, microaggression, and much more. Specific resources on [“Talking to Kids About Race and Racism”](#) also provided.

**Lee Mun Wah at Stir-Fry Seminars & Consulting:** <https://stirfryseminars.com/resources/>

Offers educational resources, films, and customized seminars to support individuals in facilitating discussion within their own organizations and communities.

**Teaching Tolerance:** <https://www.tolerance.org/>

Social justice and anti-bias articles and resources for students, educators, and other practitioners. Articles specific to black lives matter include: [Why Teaching Black Lives Matter Matters](#).

**Training for Change:** <https://www.trainingforchange.org/>

Offers trainings on facilitating various topics such as diversity and anti-oppression to transform communities towards social justice. Virtual training opportunities include topics such as [White People Confronting Racism](#).

## Disclaimer:

Being included in SpeakUp!'s list of resources is not an endorsement and SpeakUp! Is not responsible for the content of or services provided by any of these listings. We are constantly researching resources and services to make it easier to continue to talk about tough topics in a way that strengthens relationships and leads to guidance and support. If you have a suggestion for our list, please email Ann Bernicker at [abernicker@speakup.org](mailto:abernicker@speakup.org)