

NAVIGATING THE JOURNEY TO ADULTHOOD

Rather than just giving directions *to* your teen, navigate *with* them.



○ Adolescence

📍 Adulthood



NAVIGATION TALKING POINTS



YOU SET YOUR DESTINATION AND WHO YOU WANT TO BE- IT CAN EVOLVE AND CHANGE



THERE ARE MANY ALTERNATE ROUTES



VISIT THE REST STOP WHEN YOU NEED TO REST, RECHARGE, OR REFUEL



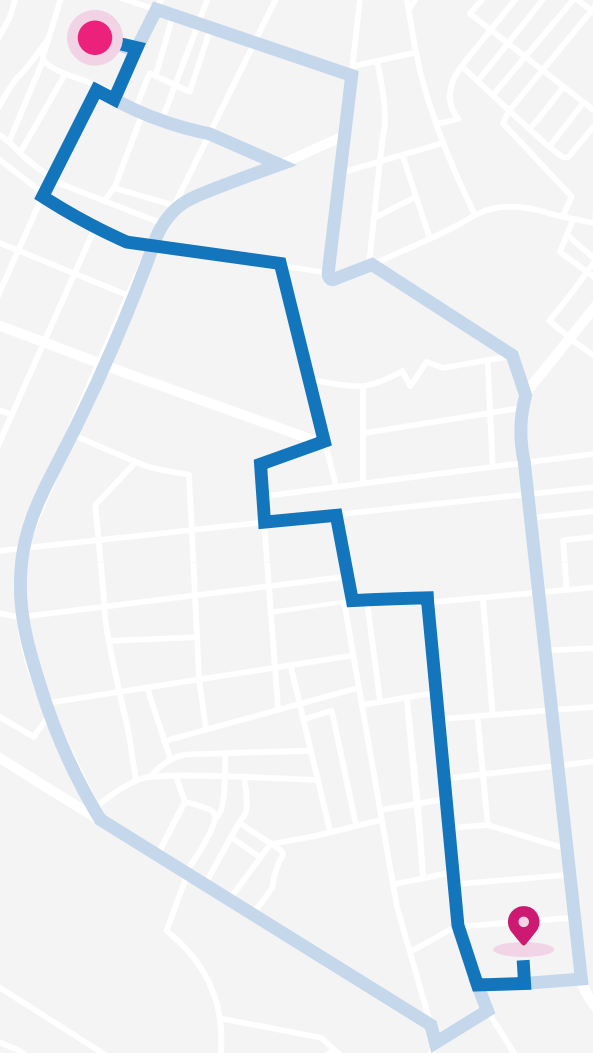
CARPOOL WHEN YOU NEED TO RELY ON YOUR PEOPLE



WE ARE ALWAYS RE-ROUTING; EMBRACE DETOURS, CHANGE LANES OR EVEN TURN AROUND

📍 TRY THIS:

HAVE CONVERSATIONS WITH YOUR TEENS ABOUT TIMES WHEN YOU CHANGED YOUR DESTINATION, TOOK A DIFFERENT PATH, ENCOUNTERED DETOURS, AND REROUTED



WE END EVERY SPEAKUP! EVENT WITH THREE CLEAR MESSAGES TO TEENS AND ADULTS...

- 1) YOU DO NOT HAVE TO DO LIFE PERFECTLY**
- 2) YOU DO NOT HAVE TO DO IT ALONE**
- 3) IT'S NOT A STRAIGHT LINE**