



SpeakUp!

Celebrating
25
— Years —

Who We Are

SpeakUp! is a nonprofit 501 (c)(3) that supports young people as they navigate their journey to adulthood by BOTH helping young people talk honestly about their worries, concerns, and challenges to important adults in their lives AND positioning adults to better listen, guide, and support them.

We offer a school-based, youth-led program in over 30 middle and high schools in the Greater Philadelphia area and New Jersey. Here, youth, parenting adults, and school adults come TOGETHER to talk openly about topics the youth want to discuss. We complement this with our “Continue the Conversation” series which gives adults more chances to learn skills and gain confidence in talking about these same topics.

When young people feel heard and seen — they THRIVE!



Over the past 25 years, SpeakUp! has successfully engaged over 35,000 youth and families in speaking up.

Penn Graduate School of Education and CHOP’s Center for Parent and Teen Communication affirmed SpeakUp!’s power in strengthening parent-teen communication.

Our Impact

How You Can Help

SpeakUp! has grown thoughtfully and steadily—one school, one conversation, and one relationship at a time. Now, in our 25th anniversary year, we are ready to accelerate our growth, deepen our impact, and ensure the next generation of SpeakUp!

With your support, we are launching a \$1,000,000 campaign to scale our proven model and bring the power of honest, intergenerational conversation to even more youth and families as follows:



Double our reach to engage over 5,500 students, parenting adults, and school adults each year in our school-based and Continue the Conversation programs.



Grow and diversify our network from 30 to 40 active partner schools. Expand equity and access by ensuring at least 50% of our new schools are in under-resourced communities.



Develop digital tools to broaden our reach and amplify what we’ve learned by listening to over 35,000 youth and families.

Questions?

Contact Kate Coppola at
kcoppola@speakup.org
or (610) 519-9600 x106


Be part of what’s next!
speakup.org





Our Programs




Our **School-Based Program** engages youth, school adults, and parenting adults together in supportive conversations.

 Students join their **Student Leadership Team** to choose topics for their SpeakUp! event and build communication skills.


 School adults attend our **professional development** to gain skills and confidence to facilitate challenging conversations.

 The **SpeakUp! Event** brings students, school adults, and parenting adults together in breakout sessions on these topics.

Our **Community-Based Continue the Conversation Programs** enable adults to develop the skills to discuss challenging topics with young people.

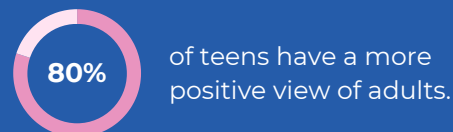
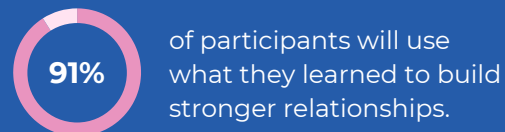
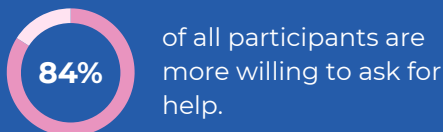
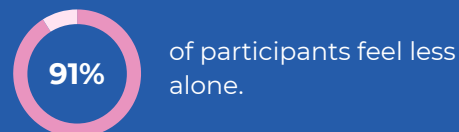
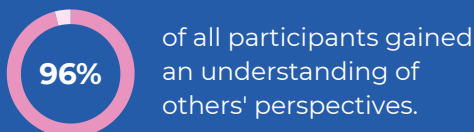
 **Parenting Adult and Grandparent Coffees** allow participants to discuss relevant topics and gain support and strategies.

 **Youth Mental Health First Aid Trainings** teach participants how to identify and help someone experiencing a mental health crisis.

 **QPR Suicide Prevention Trainings** provide parenting adults and school adults with innovative, practical, and proven strategies.

Your support enables us to bring our comprehensive programs to more schools, youth, and families.

As a Result of SpeakUp!



*Source 2024-2025 post-event Survey Data



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Celebrate 25 Years of SpeakUp!



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With your sponsorship, SpeakUp! can empower young people to THRIVE now and throughout their lives. Our partners are essential in expanding the SpeakUp! program to reach more students, parenting adults and school adults.



What Your Gift Makes Possible

Each donation to SpeakUp! fuels our mission broadly, but here's how different giving levels can translate into meaningful change. These examples illustrate the power of your support:

Leadership \$50,000

**SpeakUp! 25th Anniversary Summit
Spring 2026**

Milestone \$25,000

School-Based SpeakUp! Event

Respect \$15,000

Student Leadership Team Training

Courage \$10,000

School Adult Facilitator Support

Collaboration \$5,000

Youth Mental Health First Aid Training

Acceptance \$2,500

**Parenting Adult Coffee
(in person and virtual)**



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Name: _____

Address: _____

Phone: _____

Email: _____

I/We intend to give to SpeakUp! a total contribution of \$ _____ to be paid as follows:

_____ A one-time gift to be paid in full.

_____ A multi-year gift of \$ _____ per year for _____ years.

_____ A monthly payment of \$ _____.

Gift in honor of _____

Gift in memory of _____

Signature: _____

Date _____ / _____ / _____

Donor understands this intention to give is not legally-binding and reserves the right to rescind the gift at any time.

Recognition Name:

(As you wish it to appear in print, e.g., "Jane and John Smith")

- ☐ I/we give permission to list my/our name in donor recognition materials.
I/we prefer to remain anonymous.

PAYMENT INFORMATION

Please make check payable to SpeakUp! and return signed pledge to:

Attn: Kate Coppola

SpeakUp!

80 W. Lancaster Avenue, Suite 220

Devon, PA 19333

Or pay by Venmo:

Use this QR code or go to
speakup.org to pay by credit card:



Please contact Kate Coppola at 610-519-9600 x106 if you have any questions.

SpeakUp! is a not-for-profit 501(c)(3) Internal Revenue Service designation and is registered as a charitable organization with the Commonwealth of Pennsylvania Bureau of Charitable Organizations. All gifts are tax-deductible as provided by law.

Thank you for supporting our mission!