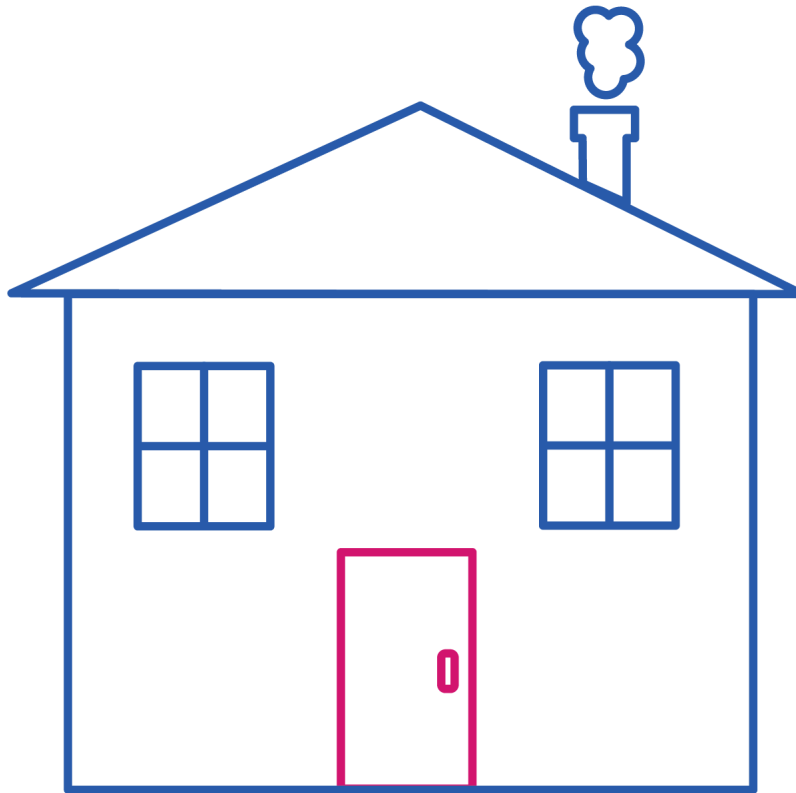


BUILD YOUR SUPPORT HOUSE

We all need our people. We build our network of support over time and it can change. Sometimes one person plays multiple roles. Sometimes we don't have someone in every role, but we are always open to finding them!



WHO ARE YOUR PEOPLE?

CHIMNEY: Who helps you blow off steam?

WALLS: Who supports you? Write their name(s) along the walls of the house.

ROOF: Who protects you and helps keep you safe? Write their name(s) on the roof.

DOOR: Whose "door is always open" if you want to talk? Write their name(s) on the door.

FOUNDATION: What are your strengths? Write them on the floor of the house.



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